

# Food/Toiletries Drive



## *How Can I Be Involved?*

The SHC is **always** looking for people to help provide our clients with food and toiletries. It's one of the **easiest and most effective** ways to give to those who are struggling in our community.

When you organize a drive for the SHC, you assist our friends and neighbors with meeting their basic needs with nutritious food and supplies that they often need. Hosting a food or toiletry drive makes a real difference to Greater Somerville!

## *5 Steps to Hosting Your Own Drive:*

- 1.) Get a list of needed items from the SHC (full list below), and schedule a day and time to drop off the collected items from our Volunteer Coordinator, Danielle.
  - Email Danielle at [dpolonsky@shcinc.org](mailto:dpolonsky@shcinc.org), or call (617) 623-6111 x227.
- 2.) Decide on the people you would like to ask to contribute.
  - Do you want to ask your neighbors to contribute? Your coworkers? People from your school?
- 3.) Decide on the days you would like to hold the drive – perhaps a week, or a weekend?
  - For example, at work or school, you can hold it over the course of a week (Monday through Friday); people can give the items to you in a designated space during the hours you specify.
- 4.) Advertise the drive.
  - Do you have an e-mail list, or Twitter account? Tell your audience a week in advance, letting them know what items are needed, the dates/hours/place they can drop them off, and why this drive is important to the SHC.
- 5.) At the end of the drive, thank the participants and drop off the collected items at the SHC.
  - Make sure those who've helped you know how important they are!

*Thank you for considering holding a food/toiletries drive on our behalf!  
Please feel free to contact us at any time with questions.*

# Items We Need

## **Food suggestions:**

Protein or fruit bars  
Dry cereal or granola  
Peanut butter  
Dried fruit  
Nuts  
Crackers  
Canned juices  
Non-perishable pasteurized milk  
Food for infants/toddlers  
Canned meat & fish  
Canned fruit & 100% fruit juice  
Canned pasta, stew, chili, hearty soup  
Canned tomatoes, vegetables, pasta sauce  
Pasta, white & brown rice, dried beans  
Cold cereal, oatmeal, pancake mix  
Peanut butter & jelly  
Powered or evaporated milk, Parmalat  
Baby food, formula, diapers, pull ups  
Toilet paper & paper towels

***\*Please include low-sugar and low-sodium foods for special needs population.***

## **Personal/household items:**

ALL SHOULD BE NEW:

Boxers/underwear/ladies underwear, new and in packaging  
Socks, new and in packaging  
Bras, new and in packaging  
Twin/Full/Queen flat and fitted sheets, new  
Bath towels  
Pillow cases  
Comforters  
Liquid dish soap  
Laundry detergent  
Personal packets of tissues  
Moist wipes  
Baby wipes

## **Toiletry items:**

Toothpaste/toothbrush  
Shampoo/conditioner  
Razors & shaving cream  
Bars of soap, bottles of body wash  
Face cloths  
Deodorant  
Tampons/pads/panty liners  
Alcohol-free mouthwash

\*Sample-size are accepted.

We're sorry, but we cannot accept baby formula, frozen or glass-encased items.

